

THOMAS YOUM, MD, FACS

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EDUCATION

New York University School of Medicine, New York, NY **1995-1999**
Doctor of Medicine

Yale University, New Haven, CT **1991-1995**
Bachelor of Arts, History
Cum Laude

POSTGRADUATE TRAINING

Kerlan-Jobe Orthopaedic Clinic, Los Angeles, CA **2004-2005**
Fellowship, Sports Medicine

Hospital for Joint Diseases, New York, NY **2000-2004**
Residency, Orthopedic Surgery

Harborview Hospital, Seattle, WA **2003**
Four month trauma rotation, Orthopedic Surgery

New York University Medical Center, New York, NY **1999-2000**
Internship, General Surgery

HONORS AND AWARDS

Postgraduate:

Teacher of the Year, NYU Hospital for Joint Diseases **2011-2012**

Teacher of the Year, NYU Hospital for Joint Diseases **2008-2009**

Medical School:

THOMAS YOUM, M.D.

Alpha Omega Alpha, Delta Chapter, NYU, School of Medicine 1999-present

Undergraduate:

Distinction in Major, *History*, Yale University 1995

Yale Presidential Community Service Award, Yale University 1993&1994

National Science Foundation Fellowship, Hospital for Joint Diseases 1993

Directed Studies Scholar, Yale University 1991

High School:

Westinghouse Science Talent Competition Semi-Finalist 1991

ACADEMIC APPOINTMENTS

Clinical Assistant Professor, NYU School of Medicine – 2005 to present

HOSPITAL APPOINTMENTS

Attending Physician, NYU Hospital for Joint Diseases – 2005 to present

Consulting Physician, NY Manhattan VA Hospital – 2005 to 2014

PROFESSIONAL LICENSURE AND CERTIFICATION

NEW YORK STATE

LICENSE #219451-1

EXPIRES: 31 March, 2015

AMERICAN BOARD OF ORTHOPAEDIC SURGERY

BOARD CERTIFIED

CARTICEL IMPLANTATION (GENZYME)

CERTIFIED: December, 2004

BASIC LIFE SUPPORT

CERTIFIED: April, 2006

ADVANCED CARDIAC LIFE SUPPORT

CERTIFIED: June, 1999

PUBLICATIONS

1. Youm T, Takemoto R, Park BK. **Acute management of shoulder dislocations.** *J Am Acad Orthop Surg.* 2014 Dec;22(12):761-771. Review.

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2. Collins JA, Beutel BG, Garofolo G, Youm T. **Correlation of obesity with patient-reported outcomes and complications after hip arthroscopy.** *Arthroscopy.* 2015 Jan;31(1):57-62.
3. Lattanzi R, Petchprapa C, Ascani D, Babb JS, Chu D, Davidovitch R; Youm T, Meislin RJ, Recht MP. **Detection of cartilage damage in femoroacetabular impingement with standardized dGEMRIC at 3T.** *Osteoarthritis & Cartilage.* 2014 Mar;22(3):447-56.
4. Alaia MJ, Patel D, Levy A, Youm T, Bharam S, Meislin R, Bosco J, Davidovitch RI. **The incidence of venous thromboembolism (VTE)—after hip arthroscopy.** *Bull Hosp Jt Dis (2013).* 2014;72(2):154-8.
5. Ward JP, Shreve MC, Youm T, Strauss EJ. **Ruptures of the distal biceps tendon.** *Bull Hosp Jt Dis (2013).* 2014;72(1):110-9
6. Beutel BG, Collins JA, Garofolo G, Youm T. **Hip arthroscopy outcomes, complications, and traction safety in patients with prior lower extremity arthroplasty.** *Int Orthop.* 2014 Aug 8.
7. Beck DM, Park BK, Youm T, Wolfson TS. **Arthroscopic treatment of labral tears and concurrent avascular necrosis of the femoral head in young adults.** *Arthroscopy techniques.* 2013;2(4):e367-e371.
8. Collins JA, Ward JP, Youm T. **Is Prophylactic Surgery for Femoroacetabular Impingement Indicated?: A Systematic Review.** *Am J Sports Med.* 2013; Aug 21
9. Capeci CM, Turchiano M, Strauss EJ, Youm T. **Osteochondral allografts: applications in treating articular cartilage defects in the knee.** *Bulletin of the NYU Hospital for Joint Diseases.* 2013;71(1)60-7.
10. Ong C, Hall M, Youm T. **Surgical technique: arthroscopic treatment of heterotopic ossification of the hip after prior hip arthroscopy.** *Clin Orthop Relat Res* 2013 Apr; 471(4): 1277-82.
11. Ward JP, Rogers P, Youm T. **Failed hip arthroscopy: causes and treatment options.** *Orthopedics,* 2012 Jul 1;35(7):612-7.
12. Ward JP, Albert DB, Altman R, Goldstein RY, Cuff G, Youm T. **Are femoral nerve blocks effective for early postoperative pain management after hip arthroscopy.** *Arthroscopy.* 2012 Aug;28(8):1064-9.

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13. Jayajumar P, Ramachandran M, Youm T, Achan P. **Arthroscopy of the hip for paediatric and adolescent disorders: Current concepts.** *J Bone Joint Surg Br.* 2012 Mar; 94-B: 290-296.
14. Ruchelsman DE, Hall MP, Youm T. **Osteochondritis dissecans of the capitellum: current concepts.** *Journal of the American Academy of Orthopaedic Surgeons.* 2010 Sep; 18(9): 557-567
15. Kaplan K, Shah MR, Youm T. **Femoroacetabular Impingement: Diagnosis and Treatment.** *Bulletin of the NYU Hospital for Joint Diseases.* 2010; 68(2): 70-5.
16. Youm T, ElAttrache NS, Tibone JE, McGarry MH, Lee TQ. **The effect of the long head of the biceps on glenohumeral kinematics.** *Journal of Shoulder & Elbow Surgery.* 2009; 18: 122.
17. Gruson KI, Ilalov K, Youm T. **A broken scalpel blade tip: an unusual complication of knee arthroscopy.** *Bulletin of the NYU Hospital for Joint Diseases.* 2008; 66: 54.
18. Youm T, Tibone JE, Elattrache NS, McGarry MH, Lee TQ. **Simulated type II superior labral anterior posterior lesions do not alter the path of glenohumeral articulation: A cadaveric biomechanical study.** *American journal of sports medicine.* 2008; 36: 767.
19. Frank JB, Youm T, Meislin RJ, Rokito AS. **Posterolateral corner injuries of the knee.** *Bulletin of the NYU Hospital for Joint Diseases.* 2007; 65: 106.
20. Trygstad K, Youm T, Koval K. **The orthopedic management of decubitus ulcers around the proximal femur.** *American Journal of Orthopedics.* 2006 Jul; 35(7): 316-21.
21. Youm T, Matthews PV, ElAttrache NS. **Treatment of Spinoglenoid Cysts Associated with Superior Labral Tears without Cyst Aspiration, Debridement, or Excision.** *Arthroscopy.* 2006 May; 22(5): 548-52.
22. Youm T, Murray D, Rokito A, Zuckerman JD. **Arthroscopic vs. Mini-open rotator cuff repair: a comparison of clinical outcomes and patient satisfaction.** *Journal of Shoulder and Elbow Surgery.* 2005 Sep-Oct; 14(5):455-9.
23. Youm T, Maurer SG, Stuchin SA. **Post-operative management after total hip and knee arthroplasty.** *Journal of Arthroplasty.* 2005 Apr; 20(3):322-4.
24. Youm T, Hommen JP, Ong BC, Chen AL. **Os acromiale: evaluation and treatment.** *American Journal of Orthopedics.* 2005 Jun; 34(6):277-283.

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25. Youm T, Chen AL. **Discoid lateral meniscus: evaluation and treatment.** *American Journal of Orthopedics.* 2004 May; 33(5):234-8.
26. Pavone V, Youm T, Baldini T, Rimnac C, Wright T, Sculco TP. **Bilateral cobalt alloy femoral component fracture: a case report.** *American Journal of Orthopedics.* 2004 April; 33(4):185-9.
27. Chen AL, Youm T, Ong BC, Rafii M, Rokito AS. **Imaging of the elbow in the overhead throwing athlete.** *American Journal of Sports Medicine.* 2003 May-Jun; 31(3):466-73.
28. Youm T, Bosco J. **Clinical Cases: Lateral Discoid Meniscus.** *Medscape Orthopaedics & Sports Medicine* 7(1) 2003 @ 2003 Medscape.
29. Youm T, Koval KJ, Zuckerman JD. **Effect of previous cerebrovascular accident on outcome after hip fracture.** *Journal of Orthopedic Trauma.* 2000 Jun-Jul; 14(5):329-34.
30. Youm T, Koval KJ, Zuckerman JD. **The economic impact of geriatric hip fractures.** *American Journal of Orthopedics.* 1999 Jul; 28(7):432-8.
31. Youm T, Margiotta M, Kasabian A, Karp N. **Complications of tissue expansion in a public hospital.** *Annals of Plastic Surgery.* 1999 Apr; 42(4):397-401.
32. Youm T, Koval KJ, Kummer FJ, Zuckerman JD. **Do all hip fractures result from a fall?** *American Journal of Orthopedics.* 1999 Mar; 28(3):190-4.
33. Rosenberg AD, Youm T, Koval K, Orbeta R, Soberano T, Hoek EV – Abstract. **The safety of reinfusing unwashed wound drainage in the PACU.** *Anesthesia and Analgesia,* 1998;86:S177.

PRESENTATIONS

1. F Lerebrouns, T Youm. **Endoscopic gluteus medius repair: case presentation and surgical technique.** *Video Presentation. Annual Meeting of the American Academy of Orthopaedic Surgeons. Las Vegas 2015.*
2. S Blackmore, M Ryan, T Youm. **Short-term outcomes of hip arthroscopy: does the location of pain lead to predictable outcomes in hip arthroscopy patients?** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Rio De Janeiro, Brazil 2014.*

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3. M Ryan, S Blackmore, T Youm. **Short-term outcomes of hip arthroscopy: does etiology of pain influence results.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Rio De Janeiro, Brazil 2014.*
4. B Beutel, J Collins, G Garofolo, T Youm. **Hip arthroscopy outcomes, complications, and traction safety in patients with prior lower-extremity arthroplasty.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Rio De Janeiro, Brazil 2014.*
5. J Collins, T Youm. **Hip Arthroscopy in Obese Patients.** *Poster Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Munich, Germany 2013.*
6. R Lattanzi, C Petchprapa, D Ascani, R Davidovitch, T Youm, R Meislin, M Recht. **Cartilage Assessment in Femoroacetabular Impingement using dGEMRIC with Radial Imaging Planes at 3 Tesla: Preliminary Validation Against Intra-operative Findings.** *Poster Presentation. 20th Annual Meeting of ISMRM. Melbourne, Australia 2012.*
7. R Lattanzi, C Petchprapa, D Ascani, R Davidovitch, T Youm, R Meislin, M Recht. **dGEMRIC Effectively Predicts Cartilage Damage Associated with Femoroacetabular Impingement.** *Presentation/Abstract. Annual Meeting of the International Society for Hip Arthroscopy. Boston, MA 2012.*
8. Ong C, Hall M, Youm T. **Treatment of Heterotopic Ossification after Hip Arthroscopy.** *Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Boston, MA 2012.*
9. Alaia, M, Patel D, Levy A, Youm T., Bharam S, Meislin R, Bosco J, Davidovitch R. **The Incidence of Venous Thromboembolism (VTE) after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Boston, MA 2012.*
10. Alaia, M, Patel D, Levy A, Youm T., Bharam S, Meislin R, Bosco J, Davidovitch R. **The Incidence of Venous Thromboembolism (VTE) after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of the Arthroscopy Association of North America. Orlando, FL 2012.*
11. Youm T. **Hip Arthroscopy for Femoroacetabular Impingement.** *Grand rounds presentation. State University of New York at Downstate, Brooklyn, NY. Dec 2011.*

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12. Youm T, Ward J, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R. **Femoral Nerve Blocks are Effective for Post-Operative Pain Control after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of the International Society for Hip Arthroscopy. Paris, France. 2011.*
13. Ward J, Albert D, Altman R, Rosenberg A, Cuff G, Goldstein R, Youm T. **Femoral Nerve Blocks are Effective for Post-Operative Pain Control after Hip Arthroscopy.** *Podium Presentation. Annual Meeting of American Academy of Orthopaedic Surgeons. San Francisco, CA 2011.*
14. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Poster presentation. Fellows competition at the annual meeting of the Arthroscopy Association of North America. Hollywood, FL 2006.*
15. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Podium presentation. Orthopaedic Research Society, Chicago, IL 2006.*
16. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Type II SLAP Lesions Do Not Alter the Path of Glenohumeral Articulation.** *Poster presentation. Orthopaedic Research Society, Chicago, IL 2006.*
17. Youm T, ElAttrache NS, Tibone JE, McGarry M, Lee TQ. **Loading the biceps affects glenohumeral rotational range of motion, translation, and kinematics.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Chicago, IL 2006.*
18. Bosco J, Youm T. **Willingness of patients to pay for anterior cruciate ligament reconstruction.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Chicago, IL 2006.*
19. Youm T. **The effect of the long head of the biceps vs. the superior labrum on glenohumeral rotational range of motions, translations, and kinematics.** *Presentation. Kerlan-Jobe Annual Alumni Meeting, Keystone, CO 2005.*
20. Youm T, Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term**

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- follow-up.** *Paper presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, San Francisco, CA, 2004.*
21. Youm T. **Anterior cruciate ligament graft fixation.** *Grand rounds presentation. NYU-Hospital for Joint Diseases Department of Orthopedic Surgery, 2004.*
22. Youm T., Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Poster presentation. Annual meeting of the American Orthopaedic Society for Sports Medicine, Quebec City, Canada 2004.*
23. Youm T., Murray D, Rokito A, Zuckerman JD. **Outcome and patient satisfaction of arthroscopic rotator cuff repair vs. mini-open rotator cuff repair: medium term follow-up.** *Poster presentation. Closed meeting of the American Shoulder and Elbow Society, Chicago, IL 2003.*
24. Liporace F, Youm T., Rose D. **Weight-bearing thigh-foot angle and its relationship to non-contact tears of the ACL.** *Scientific paper presentation. American Orthopaedic Society for Sports Medicine, forum on "Neuromuscular and biomechanical factors in the genesis and prevention of non-contact ACL injuries," Orlando, FL 2002.*
25. Rosenberg AD, Youm T., Koval KJ, Orbeta R, Soberano T, Hoek EV. **The safety of reinfusing unwashed wound drainage in the PACU.** *Poster presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, Anaheim, CA, 1999.*
26. Zuckerman JD, Youm T., Gina Aharanoff, Koval KJ. **The outcome after hip fracture: the effect of stroke.** *Poster presentation. Annual meeting of the American Academy of Orthopaedic Surgeons, Anaheim, CA, 1999.*
27. Youm T., Margiotta M, Kasabian A, Karp N. **Complications of tissue expansion in a public hospital.** *Scientific paper presentation. Northeastern Society of Plastic Surgeons, Newport, RI 1998.*

ACTIVITIES

Board of Directors, NYU 38th St Ambulatory Surgery Center	2012, 2013
AANA Hip Arthroscopy Course, Orthopaedic Learning Center	2012, 2013
<i>Associate Master Instructor</i>	
Education Committee, NYU Hospital for Joint Diseases	2007-2009

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<i>Member</i>	
Korean American Medical Practitioners of NY (KAMPANY)	2006-2007
<i>Secretary</i>	
Flushing High School Football, Flushing, NY	2006-2009
<i>Team Physician</i>	
Los Angeles Dodgers, Santo Domingo, Dominican Republic	2005
<i>Team Physician</i>	
Los Angeles Lakers, Los Angeles, CA	2004-2005
<i>Team Physician, KJOC Sports Fellowship</i>	
Los Angeles Sparks, Los Angeles, CA	2004-2005
<i>Team Physician, KJOC Sports Fellowship</i>	
Los Angeles Dodgers, Los Angeles, CA	2004-2005
<i>Team Physician, KJOC Sports Fellowship</i>	
USC Football, Los Angeles, CA	2004-2005
<i>Team Physician, KJOC Sports Fellowship</i>	
Los Angeles Avengers, Los Angeles, CA	2004-2005
<i>Team Physician, KJOC Sports Fellowship</i>	
Los Angeles Galaxy, Los Angeles, CA	2004-2005
<i>Team Physician, KJOC Sports Fellowship</i>	
New York Mets, New York, NY	2001-2004
<i>Stadium Physician</i>	
New York City High School Football, New York, NY	2000-2004
<i>Staff Physician</i>	
Alvin Ailey Dance Theater, New York, NY	2000-2004
<i>Staff Physician</i>	
New York City Marathon, New York, NY	2000
<i>Medical Volunteer</i>	

ASSOCIATIONS

Member, International Society for Hip Arthroscopy

Fellow, American Academy of Orthopaedic Surgeons

THOMAS YOUM, M.D.

Fellow, American College of Surgeons

Member, Arthroscopy Association of North America

Member, American Orthopaedic Society for Sports Medicine

Member, Medical Society County of New York

Member, Korean American Medical Practitioners of NY (KAMPANY)